

Tattoo Removal Aftercare

- Drink lots of water!
- For the next 24 hours: A cold compress and elevation are recommended to help reduce discomfort and inflammation.
- Avoid for the next 24 hours: Physical activity, hot showers and saunas.
- Apply post treatment product such as Synergie Occlusiderm as for three days post treatment.
- A light dressing to the area is recommended. Change dressings daily for as long as required (usually up to 5 days)
- Keep area clean and dry (avoid water) while it heals. If required, clean the area gently with antibacterial soap and pat the area dry.

Keep the treated area clean and dry while it is healing. Clean the area with antibacterial soap if needed and then pat the area dry. AVOID HIGH-PRESSURE WATER HITTING THE TREATED AREA. Some scabbing, blistering, light bleeding and itching may occur. Immediately after treatment, there may be erythema (redness) and edema (swelling) at the treatment site. This usually lasts 2 hours or longer. The erythema may last up to 10 days.

DO NOT pop blisters. If you do blister, continue to apply one of the recommended ointments until the blister has popped naturally. DO NOT pick at the scab or allow the skin to become scraped, as this may result in infection and scarring. Shaving should be avoided in the treated area until it is completely healed. You may notice that blistering may occur in some treatments and not others.

- Avoid aspirin, ibuprofen and naproxen which increase the risk of bruising and/or bleeding.
- Avoid shaving the treated area until completely healed (5-10 days).
- Apply sunscreen everyday to the treated area after the tattoo has completely healed (5-10 days), even under clothing.
- Avoid active tan, self-tanner, bronzers or spray tan 4-6 weeks before and after treatment.
- Massage the treated area 5-10 minutes daily after treated area has healed (5-10 days).

Not all tattoos 100% clear, and may just fade.

Immediately call your primary care physician if an infection occurs.

If you have any questions or concerns, please contact us.

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